Abstract
The efficacy of an oily calcium hydroxide suspension (Osteoinductal®) as an adjunct to periodontal regenerative therapy has been demonstrated in recent clinical and histological studies. However, little is known about the molecular mechanisms in vitro, particularly, about the effect of oily calcium hydroxide paste on periodontal ligament (PDL) cells. Therefore the aim of the present study was to analyze the mitogenic response of cultured PDL cells to Osteoinductal® in comparison to calcium hydroxide and enamel matrix derivative (EMD) in vitro. Human periodontal ligament cells were derived from a third molar extracted for orthodontic reasons and incubated in the presence of Osteoinductal®, calcium hydroxide, EMD, phosphate-buffered saline plus 10% glycerol (PBS) or standard culture medium for 15 and 60 minutes. The mitogenic response of the PDL cells was determined by Western Blot with antibodies specific for extracellular signal-related kinase (ERK)1/2 as well as the activated, tyrosine-phosphorylated form of ERK1/2 (p-ERK). Relative phosphorylation of ERK1/2 was normalized to total ERK1/2 levels by densitometry. Cell proliferation was measured after 1, 3 and 8 days using a Neubauer haemocytometer to determine the total cell number. Results demonstrated that the mitogenic response to Osteoinductal®, calcium hydroxide and enamel matrix derivative was associated with the activation of ERK1/2 and was more pronounced as compared to PBS and standard culture medium treated cells. Although Osteoinductal® and calcium hydroxide activated mitosis and caused phosphorylation of ERK1/2 in PDL cells, its effects were less pronounced as compared to EMD. Furthermore EMD exhibited the highest proliferative response in comparison to Osteoinductal®, calcium hydroxide and the negative control after one, three and eight days. In conclusion, our data indicate that Osteoinductal® enhances the mitogenic response of human PDL cells by activation of ERK1/2 and increases cell proliferation, however, it is inferior in comparison to EMD.

Key words: Oily calcium hydroxide suspension, periodontal ligament cells, cell proliferation, cell culture, ERK1/2, periodontal regeneration

Effect of an Oily Calcium Hydroxide Suspension (Osteoinductal®) on Human Periodontal Fibroblasts. An in vitro study

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INTRODUCTION
The aim of periodontal therapy is to control infection and to repair lost tooth supporting structures, including the periodontal ligament (PDL), root cementum and alveolar bone. Several treatment modalities, including bone grafts, application of growth factors and guided tissue regeneration have been proposed to restore lost periodontal attachment in intrabony defects (Karring et al. 1993, Sculean et al. 2000). Although treatment of lost periodontal tissue according to the principles of guided tissue regeneration (Nyman et al. 1982) and the use of different grafting materials (Bartold et al. 2000, Trombelli et al. 2002) has gained increasing acceptance, true periodontal regeneration has not reached its ideal objective so far. Recent studies have demonstrated that an oily calcium hydroxide suspension (Osteoinductal®), applied to the root surface in conjunction with surgical periodontal therapy, may promote periodontal regeneration (Stratul et al. 2006). The major components of the oily calcium hydroxide formulation are calcium hydroxide, liquid and solid carbohydrate chains and fatty acids esterified with glycerol. The oily part consists of oleum pedum of porcine origin and vaselinum album. Stratul et al. (2006) compared the effects of Osteoinductal® in deep intrabony defects versus access flap surgery and found significant higher clinical attachment level (CAL) gains in sites treated with Osteoinductal® compared to the access flap surgery alone. Schwarz et al. (2006) histologically demonstrated that Osteoinductal® may favour periodontal regeneration through the formation of new bone, periodontal ligament and cementum with inserting collagen fibers in acute-type intrabony defects in dogs. In addition, findings from histological studies in animals and humans showed that the use of an oily calcium hydroxide paste leads to an accelerated bone regeneration (Lazzeroni 2001, Ito et al. 2002).

Although the efficacy of Osteoinductal® as an adjunct to periodontal regenerative therapy has been demonstrated in recent clinical studies (Stratul & Sculean 2004, Stratul et al. 2006), little is known about the molecular mechanisms, particularly the effect of oily calcium hydroxide paste, on PDL cells in vitro. Since the periodontal ligament is regarded as the
source of cementoblasts and osteoblasts and since only the tissue originating from the PDL possesses the ability to form a new connective tissue attachment, cells from the PDL are thought to play a key role in periodontal regeneration. Therefore the behaviour of these cells might be influenced by oily calcium hydroxide. The cellular response to various environmental stimuli such as growth factors or different biomaterials and bone substitutes is regulated through transmembrane molecules that initiate a great variety of signal transduction cascades. One major player in this context is the extracellular signal-related kinase (ERK) 1/2.

The aim of the present study was to evaluate the mitogenic effect of Osteoinductal® in cultured human periodontal ligament cells by measurement of ERK1/2 activation. In addition, the results of Osteoinductal® on PDL cells were compared with those of pure calcium hydroxide as well as enamel matrix derivative (EMD).

**MATERIAL AND METHODS**

Reagents

The oily calcium hydroxide suspension (Osteoinductal®, Munich, Germany; 10 mg), a calcium hydroxide pharmaceutical containing Neatsfoot Oil 1024 of porcine origin, was dissolved in 100 ml phosphate buffered saline (PBS) containing 10 % glycerol by addition of two drops concentrated HCl and subsequent boiling at 100°C for 5 minutes. The Emdogain® (Enamel Matrix Derivative - EMD) was supplied by Straumann, Switzerland. For study purposes 5 ml of lyophilised porcine enamel matrix protein (EMD), containing 80 % amelogenin, small amounts of residual water, calcium phosphate and acetic acid, were dissolved in 1.5 ml PBS containing 10 % glycerol by addition of two drops concentrated HCl and subsequent boiling at 100°C for 5 minutes. Furthermore, 1 g of calcium hydroxide was dissolved in 1 ml hydrochloric acid and diluted with 89 ml water. Subsequently, 10 % glycerol were added to yield a solution of about 1 mM calcium hydroxide suspension and calcium hydroxide, oily calcium hydroxide suspension (Osteoinductal®) or enamel matrix derivative (EMD) in standard culture medium for 15 and 60 minutes. Protein samples were analyzed by SDS-PAGE using an XCell SureLock Mini-Cell (Invitrogen) in combination with precast NuPAGE 4-12 % or 10 % Bis-Tris gels (1 mm) at 200 volts according to the manufacturers guidelines. Following electrophoresis, proteins were blotted to a PVDF membrane and were incubated for at least one hour in blocking buffer (5 % BSA and 1 % Tween-20 at 4°C) and cell toxicity. PDL cells were plated on 35 mm petri dishes at 5 x 10^3 cells per dish in standard culture medium and incubated for 24 h under standard conditions. Subsequently, enamel matrix derivative, oily calcium hydroxide suspension and calcium hydroxide were added to a final concentration of about 1 mM calcium hydroxide. Control cultures consisted of equally plated cells in media containing phosphate-buffered saline plus 10 % glycerol (PBS) or standard culture medium alone.

Cell Cultures and Media

The human periodontal ligament cells (PDL) were obtained from healthy human periodontal tissues isolated from a third molar extracted for orthodontic reasons from a 23 year-old female patient without any known medical disorders. Under sterile conditions, the PDL tissue fragments were mechanically removed by scraping the middle third of the root surface with a sharp blade. Tissue explants were maintained in Dulbecco’s modified Eagle’s minimum essential medium (DMEM, Invitrogen) containing 10 % Fetal Bovine Serum (FBS, PAA), 1 % penicillin/streptomycin (Invitrogen), and 1 % fungizone (Invitrogen). Cultures were incubated in a humidified atmosphere (95 %) of 5 % CO2. Within three weeks the PDL explants formed primary colonies. Tissue culture medium was changed every two days until confluence was reached (approximately 7x 104 cells/cm2) and cells were passaged at a 1 : 2 split ratio following trypsinization with 0.05 % trypsin (Invitrogen). Cell cultures were tested regularly to be free of mycoplasma by PCR. Cells were used for experiments between passage four and nine.

**Western Blotting**

For detection of proteins in Western Blots monoclonal mouse anti-p-ERK (E-4) and polyclonal rabbit anti-ERK1/2 (C-14) antibodies have been purchased from Santa Cruz Biotechnology. Cells were incubated in the presence of standard culture medium, phosphate-buffered saline (PBS) plus glycerol, calcium hydroxide, oily calcium hydroxide suspension (Osteoinductal®) or enamel matrix derivative (EMD) in standard culture medium for 15 and 60 minutes. Protein samples were analyzed by SDS-PAGE using an XCell SureLock Mini-Cell (Invitrogen) in combination with precast NuPAGE 4-12 % or 10 % Bis-Tris gels (1 mm) at 200 volts according to the manufacturers guidelines. Following electrophoresis, proteins were blotted to a PVDF membrane and were incubated for at least one hour in blocking buffer (5 % BSA and 1 % Tween-20 at 4°C) and cell toxicity. PDL cells were plated on 35 mm petri dishes at 5 x 10^3 cells per dish in standard culture medium and incubated for 24 h under standard conditions. Subsequently, enamel matrix derivative, oily calcium hydroxide suspension and calcium hydroxide were added to a final concentration of about 1 mM calcium hydroxide. Control cultures consisted of equally plated cells in standard culture medium plus PBS containing 10 % glycerol. Each experiment was performed in triplicate and for each experimental group three dishes were plated for 8 days. Cells were harvested, mixed with trypsin blue dye and counted by microscopy using a Neubauer Haemocytometer (Hausser Scientific).

**Statistical Analysis**

Statistical analysis has been performed using the Wilcoxon matched-pairs signed ranks test. Differences

**Proliferation and Cell Vitality**

Proliferation rate analysis was carried out over an eight day period to provide information on cell proliferation and cell toxicity. PDL cells were plated on 35 mm petri dishes at 5 x 10^3 cells per dish in standard culture medium and incubated for 24 h under standard conditions. Subsequently, enamel matrix derivative, oily calcium hydroxide suspension and calcium hydroxide were added to a final concentration of about 1 mM calcium hydroxide. Control cultures consisted of equally plated cells in standard culture medium plus PBS containing 10 % glycerol. Each experiment was performed in triplicate and for each experimental group three dishes were plated for 8 days. Cells were harvested, mixed with trypsin blue dye and counted by microscopy using a Neubauer Haemocytometer (Hausser Scientific).
were considered significant at a P-value < 0.05.

The mitogenic response of PDL cells towards stimulation with EMD, Osteoinductal®, and calcium hydroxide was determined by measurement of the phosphorylation level of ERK1/2 using a specific p-ERK antibody. Cells were harvested, seeded in 6 Well plates and were grown under standard culture conditions for 24 hours. Subsequently, PDL cells were starved in serum free medium over night and eventually stimulated with a 1 : 100 dilution of EMD, Osteoinductal®, and calcium hydroxide in serum-free medium for various times. This yielded an approximate concentration of 1 mM calcium hydroxide in each sample. Finally, cells were frozen in liquid nitrogen to stop any reaction towards different stimuli and were lysed in lysis buffer. Aliquots were boiled in Laemmli buffer and underwent SDS-PAGE and immunoblotting using antibodies specific for ERK1/2 and p-ERK (Fig. 1 a, b).

The result was quantified and the relative phosphorylation of ERK1/2 determined using densitometry (Fig. 2 a, b). The relative intensity of p-ERK bands was set into relation to the total ERK1/2 levels and expressed as induction of a certain stimulants as compared to non-treated control (empty). PBS containing 10 % glycerol (PBS) served as a second control in order to evaluate the effect of changing the culture conditions by adding small amounts of EMD, Osteoinductal® and calcium hydroxide solutions. We expected that the glycerol, which was added to the solutions to solubilise the lipid components of each pharmaceutical, could cause some type of reaction within PDL cells. Indeed, a small increase in relative ERK1/2 phosphorylation in PBS as well as EMD, Osteoinductal® and calcium hydroxide solutions treated cells was observed after 15 minutes of treatment (Fig. 2a). However, after 60 minutes the stimulating effect of PBS plus glycerol vanished and revealed that EMD, Osteoinductal® and calcium hydroxide significantly increased ERK1/2 phosphorylation as compared to controls (Fig. 2b). It was concluded that EMD, Osteoinductal® and calcium hydroxide induce activation of ERK1/2 in PDL cells. Therefore enamel matrix derivative, oily calcium hydroxide suspension and calcium hydroxide itself acted mitogenic towards PDL cells as compared to controls. Despite Osteoinductal® and calcium hydroxide increased the phosphorylation of ERK1/2 in PDL cells after 60 minutes, the effect was more pronounced in EMD-treated cells in the long run.

As we detected this mitogenic effect of calcium hydroxide solutions it was decided to study cell proliferation of PDL cells in a long term fashion. Therefore cells were incubated for 1, 3 and 8 days with EMD, Osteoinductal® and calcium hydroxide in standard culture medium with PBS plus 10 % glycerol in medium as a control. At the respective days, cells were harvested, stained with Trypan blue dye and counted in a Neubauer chamber. EMD, Osteoinductal® and calcium hydroxide affected cell proliferation, with a small
increase after day 1 and a marked enhancement after days 3 and 8 (Fig. 3). This data suggest that after 8 days the difference in cell numbers between EMD and Osteoinductal® as well as calcium hydroxide is remarkable in magnitude, and the amount of cells using EMD was much higher as compared to the application of Osteoinductal®, calcium hydroxide and control solutions. However, no statistically significant difference in cell proliferation between the groups (p > 0.05) could be noticed. Furthermore, no significant difference between the oily calcium hydroxide suspension (Osteoinductal®) and the pure calcium hydroxide was noted.

**DISCUSSION**

Data from histological and controlled clinical studies demonstrated that grafting procedures may result in “periodontal regeneration”. However, a predictable reconstitution of lost periodontal structures is still difficult to obtain. In this context the recruitment of PDL cells, which have the capacity to differentiate into cells of cementogenic, osteogenic and fibroblastic lineage, their proliferation as well as their colonisation of the wound area are of great importance to the success of regenerative periodontal therapy (Melcher 1976). According to Stratulat et al. (2006) regeneration of lost periodontal structures can be obtained by an oily calcium hydroxide suspension, commercially known as Osteoinductal®. In a further investigation, an improved early wound healing following the topical subgingival application of Osteoinductal® after non-surgical periodontal therapy was observed (Kasaj et al. 2006). The long-acting antibacterial and anti-inflammatory properties of calcium hydroxide were demonstrated in several experimental studies (Cvek et al. 1976, Staehle & Pioch 1989). While aqueous solutions of calcium hydroxide cause a rapid increase of the pH up to 12-13 in living tissues, from the oily calcium hydroxide suspension a stable, long-lasting pH gradient of 7 – 11 is formed within the tissue without causing irritation (Dietz et al. 1998). Thus, the oily suspension produces a long-term, mild alkaline environment, because only the calcium hydroxide at the interface between the liquid/oily phase is released. As a result, a significant pain relief and suppression of inflammation can be observed (Dietz et al. 1998). Further studies described the anti-inflammatory and analgetic properties when used in cases of wounded or surgically exposed bone surfaces (Filippi et al. 2000, Filippi 2001). Although Osteoinductal® is used in current clinical treatment, its biological characteristics and properties are still poorly characterized. It is well recognized that human PDL cells can serve as a proper model for the analysis of cell bioactivity in vitro (Hoang et al. 1997, Lekic et al. 1997). For this reason, we investigated the mitogenic effects on PDL cells cultured with Osteoinductal®, pure calcium hydroxide and enamel matrix derivative.

The results of the present study demonstrate the mitogenic effect of an oily calciumhydroxid suspension on PDL cells. The amount of phosphorylated ERK1/2 in PDL cells increased within 60 minutes following exposure to the oily calcium hydroxide suspension. The response was greater as compared to the control cells. The activation of ERK1/2 by Osteoinductal® occurred just after 60 minutes, therefore a possible induced formation and release of secondary products, such as transforming growth factor (TGF)-ß cannot be excluded. Furthermore, the poor solubility of the calcium hydroxide suspension might be one of the reasons why the effects of Osteoinductal® on ERK1/2 and on cell proliferation were similar to the pure calcium hydroxide and smaller than those of EMD. Maybe, the components of Osteoinductal® were more sensitive to the harsh treatment that had to be applied to solubilise it for this study as compared to EMD. A third possibility is that the glycerol that had been added to solubilise the lipid component Neatsfoot Oil 1024 of Osteoinductal® might have sequestered it from the contact with PDL cells or was not sufficient enough to solubilise all oil. In either case, the effect of Osteoinductal® was underrepresented as compared to EMD. Its protein components were much easier to solubilise. Thus, a possible beneficial effect of Osteoinductal® due to its oily component in comparison to pure calcium hydroxide cannot be excluded at present.

EMD has been studied extensively in previous studies in vitro and has been demonstrated to promote cellular functions required for the biological process of periodontal regeneration, such as proliferation, adherence, protein synthesis and differentiation (Gestrelius et al. 1997, van der Pauw et al. 2000, Lyngstadaas et al. 2001). According to the findings of our study the most pronounced mitogenic effect on PDL cells was mediated by enamel matrix derivative. In the present study, human PDL cells exhibited a greater proliferative response to EMD when compared to Osteoinductal® or pure calcium hydroxide, however the difference was not statistically significant. These observations are in agreement with a study by Chong et al. (2006), which showed that EMD and amelogenin alone had no significant effect on PDL cell proliferation or migration. Potentially, the contradictory effects of EMD in vitro in published studies can be explained by different phenotypes of PDL fibroblasts that can be isolated and may respond differently to a regenera-
tive treatment (Chong et al. 2006). Therefore a possible impact of this appearance also cannot be excluded in our study.

In conclusion, the addition of Osteoinductal® to cell culture media resulted in an enhanced mitogenic response mediated by an increased activation of ERK1/2 and an increased cell proliferation rate similar to that of pure calcium hydroxide. However, the effect measured with Osteoinductal® was inferior in comparison to EMID. Nevertheless, the current data justifies a hypothesis of cellular changes after application of Osteoinductal®. Further studies are required to unravel the exact mechanisms by which Osteoinductal® influences cell function with the goal to optimize Osteoinductal® treatment in periodontal regenerative therapy.

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